

### <u>A ROUND TABLE TO TALK ABOUT</u>

# **CONNECTING THE DOTS**

ABUSE & HARASSMENT IN THE HEALTHCARE ECOSYSTEM



Prof Chua Hong Choon Chief Executive Officer Khoo Teck Puat Hospital & Yishun Health

Impact of Abuse & Harassment on the Healthcare Ecosystem



**Dr Tess Teo**, Consultant **Ms. Muqtasidatum binte Mustaffa**, Nurse Clinician Emergency Medicine, SGH

Here to help, not to be abused



Ms. Cass Chay Chief Operating Officer, National Neuroscience Institute

Operationalising Staff Protection in SingHealth



**Ms Lena Lim Lee Keng,** SingHealth Patient Advocacy Network

Patient's Voice: Cultivating a Respectful Healthcare Environment with Compassion



Dr Yin Shanqing Former Asst Director, Quality, Safety & Risk Management, KK Women's and Children's Hospital

Abuse and Harassment as Workplace Hazards to your Health and Wellbeing



Ms Chang Sook Mei, Director, Group Office of Patient Experience, SingHealth

Moderator

<u>Conference enquiries</u>: singaporehealthcaremanagement@singhealth.com.sg

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Impact of Abuse & Harassment on the Healthcare Ecosystem

Dr Chua Hong Choon

Chief Executive Officer
Khoo Teck Puat Hospital (KTPH)
and Yishun
Health, Singapore.

Co-chairman
Tripartite Workgroup for
Prevention of Abuse and
Harassment in Healthcare,
Ministry of Health, Singapore



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- A psychiatrist by training, Dr Chua is also Adjunct Professor at the Lee Kong Chian School of Medicine NTU, and Adjunct Associate Professor at Yong Loo Lin Medical School NUS.
- Dr Chua has keen interests in the fields of public health, quality & safety in health care, psychiatric epidemiology, and depression. He completed the first nationwide epidemiological survey of Depressive and Anxiety Disorders in Adult Singaporeans in 2004, and from 2007 to 2010, he was Senior Consultant (mental health) to Singapore's Ministry of Health to oversee several major projects to promote mental wellbeing and to expand mental health services for the nation.
- Dr Chua also served as Chairman of the national Residency Advisory Committee (RAC) for Psychiatry from 2011 to 2021.



## Operationalising Staff Protection in SingHealth

Ms Cass CHAY Jwee Cheong

Chief Operating Officer National Neuroscience Institute, Singapore

Co-chairman Anti-abuse Committee SingHealth



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- Cass has served as Chief Operating Officer of National Neuroscience since 2021. In addition to this role, Cass also oversees the SingHealth Operations Shared Service -Workplace Safety and Health.
- Starting her 20-year healthcare career first as a data analyst at the Singapore General Hospital, Cass moved on to corporate roles such as Strategic and Performance Planning and assumed headship roles in Clinical Operations Management in Singapore General Hospital and Sengkang General Hospital.



Abuse and Harassment as Workplace Hazards to your Health and Wellbeing

Dr. YIN Shanqing

**Human Factors Specialist** 

former Assistant Director,
Human Factors & Systems Design
Quality, Safety and Risk
Management
KK Women's and Children's
Hospital



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- Dr Yin was formerly the Assistant Director of Human Factors and Systems Design at KKH, pioneering the application of human factors principles and methodologies toward healthcare research and solution-planning in Singapore.
- Prior to KKH, Dr Yin served as the nation's
  first healthcare human factors specialist in
  Changi General Hospital for five years. With
  over 10 years of human factors exposure, Dr
  Yin's journey has brought him through
  various domains such as aviation and
  process control. He has been involved in
  projects of varying scales, ranging from the
  development of user-friendly products and
  interfaces to the design and refinement of
  large infrastructures.
- He has a PhD in Human Factors Engineering and a BSc in Psychology, and is also an FAAcertified private pilot.



## Navigating Abuse & Harassment: Insights from the ED

Dr. Tess Lin Teo

Consultant Emergency Medicine Singapore General Hospital



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Singapore Healthcare Management 2024

- Dr Teo is a consultant at SGH
   Department of Emergency Medicine
   with a special interest in staff wellness.
   Besides being the Wellness Officer for
   SGH DEM, she is also apart of various
   staff wellness initiatives but is most
   passionate about peer support.
- She is the Lead Trainer of the PGY1
   BLUES Peer Support program for post-graduate year 1 doctors in Singhealth which she helped to set up in 2019.





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ABUSE & HARASSMENT IN THE HEALTHCARE ECOSYSTEM

Ms Muqtasidatum binte Mustaffa

Nurse Clinician Emergency Medicine Singapore General Hospital

- NC Datum work as a professional emergency care nurse of 22 years is driven by deep passion. As each day brings new challenges, she has honed a deep expertise in managing high pressure situations and delivering critical care to patients in urgent need. In the highly charged atmosphere of abusive encounters in ED, her priority is to ensure the safety of all individuals involved. NC Datum's involvement as a nurse leader during these incidents underscores the importance of immediate response, support, and proactive policy management.
- To take care of her mental well-being, she treasures her cherished routines and mindful practices. A hug from her 5 kids is the first and most important trigger for the release of oxytocin that promotes relaxation and reduce stress. And baking! Through self-care, she finds balance and renewal, allowing her to face each new day with resilience and a refreshed outlook.



## **Building a Culture of Respect** and Safety

Ms Lena LIM Lee Keng

Caregiver

Member Singapore Patient Advocacy Network Singapore General Hospital, SingHealth



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- Ms Lim is a dedicated caregiver to her husband, who has been living with Parkinson's disease for the past 15 years. Her unwavering commitment and compassion have shaped her into a strong advocate for those facing similar challenges.
- Beyond her role as a caregiver, Lena serves as the Chairman of the Waterfront @ Khatib Residents Network, a position she has held with distinction for 15 years. Under her leadership, the network has flourished, fostering a sense of community and support among residents.
- Lena's contributions extend to various important initiatives. She is an active member of the Singapore Patient Advocacy Network (SGH, SingHealth), where she collaborates with healthcare professionals and fellow advocates to improve patient care and support systems.





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**Panel Moderator** 

Ms CHANG Sook Mei Director Office of Patient Experience Changi General Hospital

Director Group Office of Patient Experience SingHealth Sook Mei is the Director of the SingHealth Group Office of Patient Experience and concurrently the Director of the Office of Patient Experience at CGH. In this role, she works closely with patient advocates from the SingHealth Patient Advocacy Network (SPAN) to tap on the voice of our patients and caregivers for the purpose of improving patient experience and healthcare quality.

In 2023, SPAN and SingHealth co-produced the "Patient and Healthcare Team Care Pledge" as a statement of the common values and virtues needed for harmony in healthcare. Through SPAN, patients and caregivers "Say No" to abuse and harassment of healthcare providers and "Say Yes" that healthcare providers deserve a safe workplace to provide care for patients.





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