



SingHealth Patient Advocacy Network

AUTHORS

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SINGAPORE HEALTH Patient Advocate Connection



Elevating the Voices of Patients, Families and Caregivers



Scan QR to visit the SPACe website.

Background

Before 2022, Singapore had no common platform to connect patients and caregivers interested to improve the healthcare landscape. Existing support groups dedicated to specific diseases catered only to respective patients/caregivers.

To fill the gap, the SingHealth Patient Advocacy Network (SPAN) launched the Singapore Health Patient Advocate Connection (SPACe) in 2022 to bring together patients, caregivers, healthcare professionals and like-minded persons to share lived experiences and best practices, raise awareness on the important partnership between patients and healthcare teams in improving care, and grow patient advocacy. Following its success, SPACe is now an anticipated annual event.

Objectives

- To grow patient advocacy in Singapore
- To raise awareness on the importance of partnering patients to improve care quality
- To provide a platform for collaboration opportunities between patients/caregivers and healthcare providers

Approach

Organised by the SingHealth Patient Advocacy Network (SPAN) and supported by the SingHealth Duke-NUS Institute for Patient Safety & Quality, and SingHealth Group Office of Patient Experience, a tailored program was specially curated with the following:

Varied Perspectives Blended representations from across professions









Intentional Topics

Covers topics interest patients/caregivers, and explores ways that healthcare teams can tap on patient voices

Highly-raved: the sharing of lived experiences by patients and caregivers provides tangible learning points for both patients and healthcare providers. SPACe 2023 also saw two doctors-turned-patients whose sharing on their own patient journey left the audience with new perspectives.



Networking Gallery

Inspired by the "Human Library" concept, the gallery is a networking platform to provide collaboration opportunities. This is an important and intentional approach for the reserved Asian culture of few words.



Outcomes

	2022	2023
Number of attendees	220 56% patients/caregivers 34% healthcare staff 10% others	270 60% patients/caregivers 28% healthcare staff 12% others
 Strongly agreeing that SPACe: improves understanding on significance of patient advocacy offers useful takeaways for patient engagement 	81%	87.5%
Networking gallery	12 booths	19 booths

Feedback from attendees at SPACe 2022 were reviewed and where feasible, were applied in the organising of SPACe 2023. The table above reflects SPACe's positive progress in driving a culture of advocacy to better patient safety and care quality. With SPACe's strong success, it is now a much-anticipated annual event in Singapore.

Interactions

Interactive segments created were intentionally to encourage exchanges and build conversations. In a conservative Asian culture where many are used to keeping in times of doubt, even patients/caregivers are now encouraged to speak up,

Excellent reviews:

Interactive Theatre – the audience had a say in the skit's storyline;

Fix-the-puzzle – attendees approached others to get missing pieces;

Networking Journey – attendees got stickers for visiting different booths to exchange for a gift



Food

ingredient for bonding and conversations in Singapore's food-loving culture

Inclusivity

Includes being respectful of culture differences in multi-cultural Singapore such as in food selection; and ensuring friendly routes and designated spaces for participants with mobility impairment.

Supportive Partners

expertise as plenary/content experts; support networking gallery as participants; and post-event collaboration to benefit even more people

Co-Creation by Patients and Healthcare Teams

Launched at SPACe by SingHealth and SPAN with collective inputs from patients, caregivers and healthcare staff, the Patient and Healthcare Team Care Pledge™ aims to cultivate a safe and mutually respectful healthcare environment for both patients and staff amidst the rising cases of abuse of healthcare workers. The pledge has garnered the support of more than 20 local organisations and counting, on top of the 11 institutions within the SingHealth Duke-NUS Academic Medical Centre.



Mr Prabu Naidu

Mr Nicholas Sim

Ms Nidhi Swarup

Global Partnership Lead

Singapore Sengkang General Hospital Will General Hospital General Hospital General Hospital General Hospital General Hospital For Centre Singapore Centre Singa

About the SingHealth Patient Advocacy Network (SPAN)

Following its inception in 2017, SPAN was established with the intention of catalysing a self-driven group of knowledgeable and passionate volunteer patients/caregivers committed to the cause of representing the voice of patients.

The network has a current strength of 58 (from its initial 13) and through its endeavours and over 217 project collaborations with the healthcare team since, SPÁN is in an excellent position to organise the Singapore Health Patient Advocate Connection (SPACe), a first-of-its-kind conference for patient and family advocates in Singapore.



Contact us at

partnersincare@ singhealth.com.sg

The SPAN Leadership

Co-Chairs Ms Josie Liow Mr Kim Soon Chew

Mentors Ms Ai Ling Sim-Devadas Mr Ellil Mathiyan Lakshmanan

Advisors Professor Kok Hian Tan Professor Tracy Carol Ayre

Ms Audrey Lau

The Secretariat Team Co-Leads

SingHealth Group Office of Patient Experience

Ms Sook Mei Chang Ms Tallin Ang Ms Tricia Ng

SingHealth Duke-NUS Institute for Patient Safety & Quality

Ms Zann Foo Ms Joo Ying Tang Ms Juvette Lee