Development of Harmonised Service Scope, Competencies and Career Development Path for SingHealth Wellbeing Coordinators (WBCs)

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Introduction

Who are SingHealth Wellbeing Coordinators (WBCs)?

Previously known as Care Coordinators, Community Coordinators or Community Care Assistants (CCAs), they are deployed across the primary care, community care, hospital, and transitional care settings in SingHealth with diverse backgrounds, no common career progression pathway and training framework. They have varying service scope such as addressing a patient's social determinants of health, providing basic health

monitoring for chronic conditions, and conducting health coaching.

Implications

With the evolving healthcare landscape and increased recognition that the health and social wellbeing of the population are intertwined, there is a need to clearly define the roles of SingHealth WBCs in supporting a patient's health journey and develop a cluster framework for their competencies and career development. Institutions had encountered difficulties to retain staff with good performance and had high turnover rates due to the lack of structure and clarity of roles for SingHealth WBCs.

Aim

To develop a harmonised cluster-level service scope, competency and training framework, and Career Development Path (CDP) for SingHealth WBCs.

Participatory Stakeholder Engagement

Key representatives and leads from relevant staff groups, institutions and functions were identified and brought together.

WBC	Comm Nurs	,	Medical Social Services	
SCH Of	Hum	nan	SingHealth	

Methodology

Landscape Scan

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A landscape scan of resources with similar roles within SingHealth and in the community was conducted to understand existing gaps and opportunities.

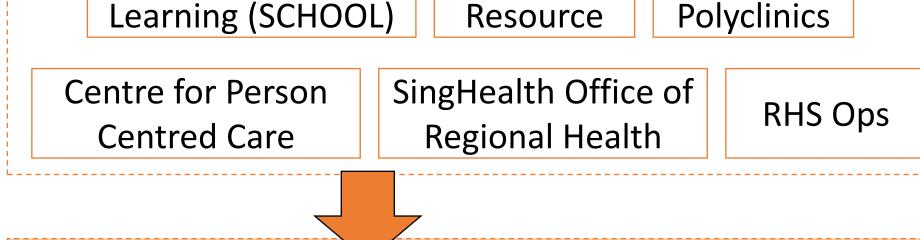
Summary of Existing SingHealth WBCs in Different Care Settings

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Envisioning & Development

Workgroups were formed to envision and develop a harmonised cluster-level service scope, competency and training framework, and CDP for SingHealth WBCs.

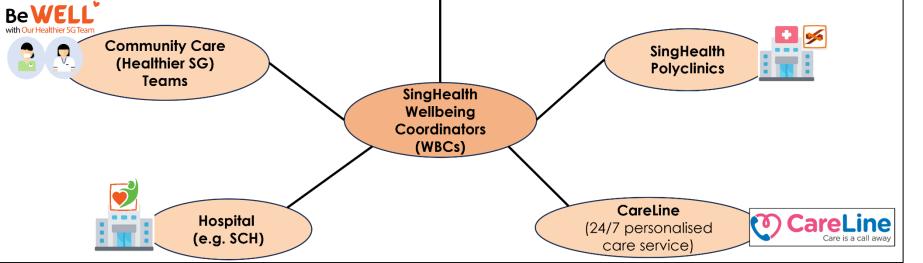
Scope	Governance	Training	Career Development	Community of Practice (COP)	Formation of Professional Body for WBCs	
Workgroup Name	Governance Workgroup	Training & Competency Workgroup	Career Development & Professional Practice Workgroup			
Deliverables	 Clarity and alignment across SingHealth sites on the Health and Social scope of WBCs Care escalation protocols for both health 	 Harmonised competency checklists to ensure standardised On-the-Job Training and certification 	 Harmonised CDP and JD for job grades 14 (i.e. Assistant Manager) and above, endorsed at appropriate platforms 			
			• Identify and propose measures to attract , hire and retain WBCs			
		for WBCs, endorsed at the appropriate platforms	 Identify potential WBC-type resources that could progressively come under Central Employment 			
	and social scope of WBCs that are endorsed	 Existing WBCs across sites to be levelled up to the 	SingHealth WBCs are involved and engaged with Singapore Community of Practice in Social Prescribing			
	at the appropriate platforms • Governance, supervision	required competencies	• Form sub-groups or smaller peer support groups for SingHealth			
		Refine WBC Orientation Programme and develop	WBCs , complementary to Singapore Community of Practice in Social Prescribing (if required)			
	and reporting structure for WBCs across SingHealth sites, with	further core programmes for WBCs to be equipped with required skills	 Develop a plan with phased steps towards forming a professional body for WBCs, pioneered by SingHealth 			
	identified WBCs assuming the WBC Lead's role for Southeast and Northeast	Streamline access to required programmes conducted by SCHOOL				



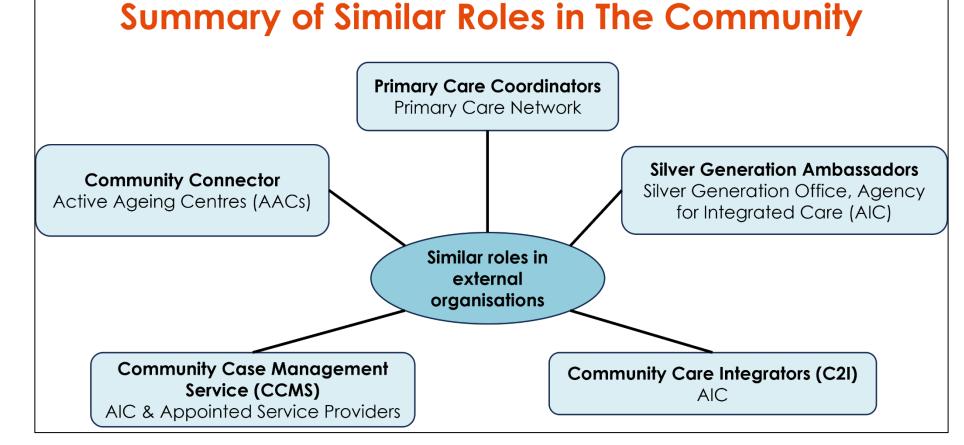
SingHealth RHS Care Coordinators (CC) Taskforce Convened in 2021 for a term of 2 years Co-led by DD, SORH & DD, RHS Ops

Evolved into and succeeded by

SingHealth RHS Health & Social Integration (HSI) Committee Formed in 2023, for a term of 2 years Co-led by GD, RHS & DD, HSI, SORH

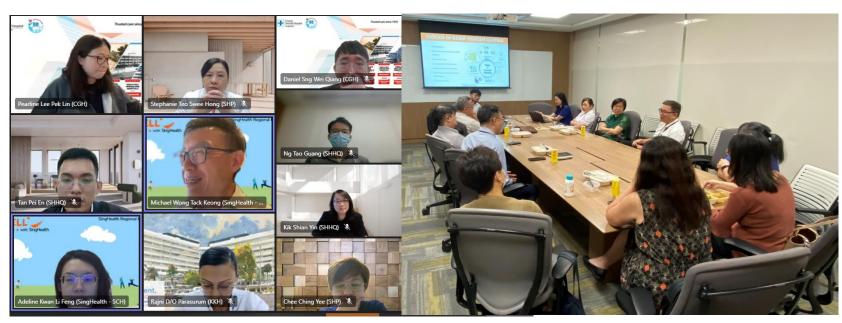


Extract from landscape scan of SingHealth WBC resources



Extract from landscape scan of similar roles in community

Example of workgroups formed by SingHealth RHS HSI Committee



Key representatives and leads envisioning and discussing at taskforce/committee meetings

Results

RHS CC Taskforce had developed and obtained SingHealth senior management endorsement for the harmonised SingHealth WBC CDP up to Job Grade 13 under Ancillary track, Job Descriptions and broad service scope as health and social care integrators, and a unified competency and training framework in 2023. RHS Ops also worked with CGH, SGH and SKH to complete the redesignation of 69 Care/Community Coordinators/CCAs to WBCs under the harmonised CDP in January 2024. A cluster 5-day orientation course conducted by SCHOOL was rolled out in May 2023 with a second run conducted in April 2024. To better support Healthier SG and other population health initiatives, the number of SingHealth WBCs will progressively increase from current 69 to 127 at steady state.



AREA (NRA)	·····	expected result?	Social Prescribing	-	-	Demonstrate an intermediate level of understanding of social determinants of health on client wellbeing
are coordination & ase lanagement	 Perform the following duties proficiently as and when required: Coordinate health and social care by liaising with various stakeholders within the integrated community care team as required. Follow up on residents' care to ensure care is coordinated and delivered. Engage residents to identify their activation level (e.g. using PAM and CFA, and through conversations). Drive conversations to encourage and nudge residents towards healthy lifestyle changes. Consult residents to develop holistic care plans 	WBCs encourage greater sign-ups to programmes and adherence to care plans among patients, and are able to effectively manage patients with	social Prescribing	health on client wellbeing Demonstrate awareness of basic SDOH, social prescribing, PERMA and PCC frameworks	determinants of health on client wellbeing Engage clients and connect them to relevant community resources (e.g. activities, groups, programmes) Demonstrate awareness of basic SDOH, social prescribing, PERMA and PCC frameworks	determinants of health on client wellbeing. Engage clients and connect them to relevant community resources (e.g. activities, groups, programmes). Prompt clients who express hesitation or uncertainty over how they can effectively implement lifestyle changes. Demonstrate theoretical and practical understanding of SDOH, social prescribing, PERMA and PCC frameworks Inform and explain to junior WBCs the concept of SDOH and various relevant frameworks, and the various community resources available for clients, if any queries are received. Find out Clients' interests/hobbies (using relevant tools - e.g.
	 accounting for residents' goals, priorities and motivation. Monitor residents' wellbeing and changing care needs through regular check-ins (in-person consultations, phone calls etc.), and identify additional care to be implemented. 	more complex health-social needs. Patients receive timely, well-coordinated		on suitable community activities (e.g. gardening, sports and	community activities (e.g. gardening, sports and volunteering) for them to partake in.	motivational interviewing), and identify suitable community activities (e.g. gardening, sports and volunteering) for them to partake in. Guide junior WBCs on how to engage clients to learn of their interests/hobbies.

Left to right: Extracts of Harmonised cluster CDP, JD, Competency & Training Framework, WBC Orientation Course and engagement sessions

Conclusion

Continual engagements with the right stakeholders are crucial in developing the harmonised CDP and frameworks for WBCs. There are still many areas to work on and the RHS HSI Committee will continue the good work of the RHS CC Taskforce, to establish the required governance for the health and social service scope of WBCs, harmonise the training to be provided for WBCs' core competencies and develop the CDP for WBCs beyond Job Grade 13. There are also ongoing plans to reach out to other institutions with Care Coordinators/staff of similar work nature (e.g. CGH Careline and SHP Health Pals) to adopt the cluster harmonised CDP and framework.